

## About the Authors

**Oxana N. Birko, M.D.** Dermatologist. Prof. Yutskowsky Clinic, Vladivostok, Russia  
**Elena N. Borkhunova, M.D., Ph.D.** Biologist. Associate professor, Department of Anatomy and Histology at the Moscow State Academy of Veterinary Medicine and Biotechnology, Moscow, Russia

**Leonid O. Vorslov, M.D., Ph.D.** Cardiologist. Associate Professor, Department of Endocrinology, Peoples' Friendship University of Russia. Prof. Kalinchenko Clinic, Moscow, Russia

**Natalia Yu. Grigortsevich.** Biophysist. Senior Researcher at the Allel Innovative Biothechnologies Center, Moscow, Russia

**Alexander A. Gulyaev, M.D.** Physiotherapist, hemosurgeon, ozone therapist, nutritionist. Tula, Russia

**Daria A. Gusakova, M.D.** Endocrinologist, andrologist. Researcher at the N.N. Blokhin Research Institute of Urology and Interventional Radiology, Moscow, Russia

**Irina E. Dvoryaninova, M.D.** Dermatologist, trichologist. Prof. Yutskowsky Clinic, Vladivostok, Russia

**Vadim L. Zorin, Ph.D.** Biochemist. Head of the Department of Regenerative Medicine at the Human Stem Cells Institute, Moscow, Russia

**Alla I. Zorina, Ph.D.** Chief specialist for cell technology applications at the Department of Regenerative Medicine of the Human Stem Cells Human Stem Cells Institute, Moscow, Russia

**Anna N. Ivanova.** Aesthetician. "NK Club" Health & Beauty Center, Kiev, Ukraine

**Natalia G. Kalashnikova, M.D.** Surgeon, dermatologist, laser therapist. Head of European Congress of Aesthetic and Laser Medicine (ECALM) Academy, member of Executive Board of European Laser Association (ELA), Moscow, Russia

**Svetlana Yu. Kalinchenko, M.D., Ph.D.** Endocrinologist, andrologist, sexologist. Head of the Endocrinology Department at the Department of Continuing Medical Education, Peoples' Friendship University of Russia. Head of the Prof. Kalinchenko Clinic, Moscow, Russia

**Irina V. Korotych.** Science journalist, CEO of the Beutown Co., Kiev, Ukraine

**Ekaterina N. Luchina, M.D., Ph.D.** Dermatologist. Prof. Yutskowsky Clinic, Moscow, Russia

**Yulia S. Ovcharenko, M.D., Ph.D.** Dermatologist, trichologist. Associate Professor, Head of the course in dermatology and venereology at Karazin National University, President of the Ukrainian Society of Hair Research (UHRS). Head of the Institute of Trichology, Kharkov, Ukraine

**Tiina Orasmae-Meder, M.D.** Dermatologist, cosmetic chemist. Member of the British Association of Beauty Therapy and Cosmetology (BABTAC), member of the Expert council of Ukrainian Association of Laser Medicine and Cosmetology, CEO of Meder Beauty Science, Switzerland

**Elena Yu. Pyankova, M.D., Ph.D.** Endocrinologist. Assistant professor at the Department of General Practice and Preventive Medicine, Institute for Advanced Training of Public Health Specialists, chief physician of the Clinic of Hormonal Health, Khabarovsk, Russia

**Tatiana S. Sintsova, M.D.** Dermatologist. Prof. Yutskowsky Clinic, Moscow, Russia

**Alexandra S. Sukhanova, M.D.** Dermatologist. Prof. Yutskowsky Clinic, Moscow, Russia

**Alexei V. Taganov, M.D., Ph.D., Prof.** Dermatologist. Member of the European Association of Dermatology and Venereology (EADV), member of the Russian Academy of of the Russian Academy of Natural Sciences, Moscow, Russia

**Yulia A. Tishova, M.D., Ph.D.** Endocrinologist, andrologist. Associate professor of the Endocrinology Department, People's Friendship University of Russia, Prof. Kalinchenko Clinic, Moscow, Russia

**Igor A. Tyusikv, M.D., Ph.D.** Urologist, andrologist. Professor at the Russian Academy of Natural Sciences. Consultant at Prof. Kalinchenko Clinic, Moscow, Russia

**Diana S. Urakova, M.D., Ph.D.** Dermatologist, laser therapist. Clinical professor in the Department of Skin and Venereal Diseases with a Course of Cosmetology, Federal Medical University of Continuing Education, Moscow, Russia

**Anna V. Tsepkoenko, M.D.** Dermatologist. Current member of the European Association dermatologist (EADV), head of the department of regenerative, laser and phototechnology at the Ukrainian Institute of Plastic Surgery and Cosmetology "Virtus", Odessa, Ukraine

**Vladimir A. Tsepkoenko, M.D., Ph.D., Prof.** Dermatologist. Professor of the Department of Dermatovenerology, National Medical Academy of Postgraduate Education, President of Ukrainian Society of Aesthetic Medicine, CEO of Ukrainian Institute of Plastic Surgery and Cosmetology "Virtus", Odessa, Ukraine

**Elena A. Chernyshova.** Clinical psychologist. Work experience in social work, psychoneurological dispensary and outpatient clinic, aesthetic medical centers, Minsk, Belarus

**Elena I. Hernandez Jimenez, Ph.D.** Biophysicist, scientific journalist. Chairman of the International Society of Applied Corneotherapy (IAC), Israel

**Yana A. Yutskovskaya, M.D., Ph.D., Prof.** Dermatologist. External expert of Roszdravnadzor of the Russian Federation, President of the Euro-Asian Association of Aesthetic Medicine Specialists, member of the Executive board of the National Alliance of Dermatovenerologists and Cosmetologists (NADC). Founder of the Prof. Yutskovskaya's Aesthetic School, Head of the aesthetic medical centers in Moscow, Vladivostok and Sochi, Russia

**Alexander D. Yutskovsky, M.D., Ph.D., Prof.** Dermatologist. Chairman of the Primorsky branch of the Russian Society of Dermatovenerologists and Cosmetologists, Moscow-Vladivostok, Russia